

## Heart And Hands A Midwives Guide To Pregnancy Birth Elizabeth Davis

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Winner of the 2019 American Association for the History of Nursing Lavinia L. Dock Award for Exemplary Historical Research and Writing in a Book " Catchin babies " was merely one aspect of the broad role of African American midwives in the twentieth-century South. Yet, little has been written about the type of care they provided or how midwifery and maternity care evolved under the increasing presence of local and federal health care structures. Using evidence from nursing, medical, and public health journals of the era; primary sources from state and county departments of health; and personal accounts from varied practitioners, *Delivered by Midwives: African American Midwifery in the Twentieth-Century South* provides a new perspective on the childbirth experience of African American women and their maternity care providers. Author Jenny M. Luke moves beyond the usual racial dichotomies to expose a more complex shift in childbirth culture, revealing the changing expectations and agency of African American women in their rejection of a two-tier maternity care system and their demands to be part of an inclusive, desegregated society. Moreover, Luke illuminates valuable aspects of a maternity care model previously discarded in the name of progress. High maternal and infant mortality rates led to the passage of the Sheppard-Towner Maternity and Infancy Protection Act in 1921. This marked the first attempt by the federal government to improve the welfare of mothers and babies. Almost a century later, concern about maternal mortality and persistent racial disparities have forced a reassessment. Elements of the long-abandoned care model are being reincorporated into modern practice, answering current health care dilemmas by heeding lessons from the past.

This book is open access under a CC BY 4.0 license. This book examines the concept of care and care practices in healthcare from the interdisciplinary perspectives of continental philosophy, care ethics, the social sciences, and anthropology. Areas addressed include dementia care, midwifery, diabetes care, psychiatry, and reproductive medicine. Special attention is paid to ambivalences and tensions within both the concept of care and care practices. Contributions in the first section of the book explore phenomenological and hermeneutic approaches to care and reveal historical precursors to care ethics. Empirical case studies and reflections on care in institutionalised and standardised settings form the second section of the book. The concluding chapter, jointly written by many of the contributors, points at recurring challenges of understanding and practicing care that open up the field for further research and discussion. This collection will be of great value to scholars and practitioners of medicine, ethics, philosophy, social science and history.

For new students the language and concepts of midwifery care can at first be daunting. This book helps students to understand the expectations of midwifery training in relation to normal midwifery practice. It covers the basics of midwifery care including professional practice, frameworks informing midwifery care, key concepts and philosophies of care, communication and care skills, antenatal care, normal labour and birth, postnatal care, neonatal care and breastfeeding, as well as a brief introduction to medicines management in normal midwifery care. The book is designed to work alongside first taught modules in midwifery, and underpin training in subsequent years.

A fascinating slice of social history - Jennifer Worth's tales of being a midwife in 1950s London, now a major BBC TV series. Jennifer Worth came from a sheltered background when she became a midwife in the Docklands in the 1950s. The conditions in which many women gave birth just half a century ago were horrifying, not only because of their grimly impoverished surroundings, but also because of what they were expected to endure. But while Jennifer witnessed brutality and tragedy, she also met with amazing kindness and understanding, tempered by a great deal of Cockney humour. She also earned the confidences of some whose lives were truly stranger, more poignant and more terrifying than could ever be recounted in fiction. Attached to an order of nuns who had been working in the slums since the 1870s, Jennifer tells the story not only of the women she treated, but also of the community of nuns (including one who was accused of stealing jewels from Hatton Garden) and the camaraderie of the midwives with whom she trained. Funny, disturbing and incredibly moving, Jennifer's stories bring to life the colourful world of the East End in the 1950s.

A Midwife's Guide to the Care and Repair of the Tissues Involved in Birth  
Stories of Glory, Grace, and Motherhood

A Midwife's Memoir

Holistic Midwifery: Care during pregnancy

Mindful Birthing

Community-based Care During the Childbearing Year

"Maiden, Mother, or Crone--where does a woman in her midlife years fit in? Thirteen powerful

archetypes for your whole lifecycle. Women who have turned to feminist spirituality for appreciation of women's ways of knowing will revel in the thirteen empowering archetypes presented in this book. From Daughter to Blood Sister, Mother to Amazon, Sorceress to Crone, this groundbreaking work reveals the grand pattern of women's lives, rich and complex, beautiful and mysterious. Elizabeth Davis and Carol Leonard, licensed midwives with sixty-five years combined experience as health care providers and healer, developed the Wheel as a synthesis of their work in women's health, spirituality and psychology. The women's wheel of life draws on more than a hundred interviews with women of all ages who have found the Wheel to be an inspiring and revolutionary path for more powerful living"--Back cover.

By the mid-twentieth century, two things appeared destined for extinction in the United States: the practice of home birth and the profession of midwifery. In 1940, close to half of all U.S. births took place in the hospital, and the trend was increasing. By 1970, the percentage of hospital births reached an all-time high of 99.4%, and the obstetrician, rather than the midwife, assumed nearly complete control over what had become an entirely medicalized procedure. Then, seemingly out of nowhere, an explosion of new alternative organizations, publications, and conferences cropped up, documenting a very different demographic trend; by 1977, the percentage of out-of-hospital births had more than doubled. Home birth was making a comeback, but why? The executive director of the American College of Obstetricians and Gynecologists publicly noted in 1977 the "rising tide of demand for home delivery," describing it as an "anti-intellectual-anti-science revolt." A quiet revolution spread across cities and suburbs, towns and farms, as individuals challenged legal, institutional and medical protocols by choosing unlicensed midwives to catch their babies at home. *Coming Home* analyzes the ideas, values, and experiences that led to this quiet revolution and its long-term consequences for our understanding of birth, medicine, and culture. Who were these self-proclaimed midwives and how did they learn their trade? Because the United States had virtually eliminated midwifery in most areas by the mid-twentieth century, most of them had little knowledge of or exposure to the historic practice, drawing primarily on obstetrical texts, trial and error, and sometimes instruction from aging home birth physicians to learn their craft. While their constituents were primarily drawn from the educated white middle class, their model of care (which ultimately drew on the wisdom and practice of a more diverse, global pool of midwives) had the potential to transform birth practices for all women, both in and out of the hospital.

A guide for midwives discusses the midwife's origins and role, and provides advice on prenatal care, childbirth--both normal cases and those with complications--postpartum care, entering the profession, and practicing as a midwife.

Based on the hit documentary that inspired a vibrant online community, this innovative approach to birthing shows women how to maximize childbirth's emotional and physical rewards. With more than 4 million babies born in the United States each year, too many women experience birth as nothing more than a routine or painful event. In her much-praised film *Orgasmic Birth*, acclaimed filmmaker Debra Pascali-Bonaro showed that in fact childbirth is a natural process to be enjoyed and cherished. Now she joins forces with renowned author and activist Elizabeth Davis to offer an enlightening program to help women attain the most empowering and satisfying birth experience possible. While an orgasmic birth can, for some, induce feelings of intense, ecstatic pleasure, it is ultimately about taking control of one's own body and making the most informed decisions to have a safe, memorable, and joyful birth day. Whether women choose to give birth at home, in a hospital, or in a birthing center, *Orgasmic Birth* provides all the necessary tools and guidance to design the birth plan that's best for them. Featuring inspiring stories from mothers and their partners and filled with practical advice and solutions, this one-of-a-kind resource is the next frontier of natural, intimate childbirth.

More Than a Midwife

Care in Healthcare

Training the Mind, Body, and Heart for Childbirth and Beyond

The Amish Midwife's Courtship

The Blue Cotton Gown

The Rhythms of Women's Desire

A former nurse chronicles her journey into midwifery, from her dissatisfaction with formulaic delivery room procedures in the 1960s to her eventual career as a "baby catcher," and chronicles her diverse birth experiences, the women she has encountered along the way, and role of midwifery in the United States. Reprint.

For over two decades, HEART & HANDS has been a beloved guide for both midwives and parents interested in the benefits of midwifery care. This all-new fourth edition has been revised from start to finish, featuring updated material that emphasizes independent midwifery, physiologic (natural) birth, and the art of nonintervention. Midwifery expert Elizabeth Davis includes valuable hints for turning breech and posterior babies, mediating pain in labor, and supporting newborn physiology. Davis also reveals the keys to postpartum recovery, with practical tips on breastfeeding for busy mothers. Comprehensive and compassionate, HEART & HANDS remains a dog-eared classic for parents, midwives, and other birthing helpers. Thoroughly revised and updated fourth edition of the classic text for midwives, also useful for expecting parents, nurses, childbirth educators, doulas, and other labor helpers. Features new diagrams and photographs, updated midwifery forms, and an expanded resource list for parents. Expanded sections on GBS, VBAC, gestational diabetes, and water birth address current controversies. Previous editions have sold more than 150,000 copies. "An impressive and deeply caring

book . . . reveals a shrewd and compassionate sensitivity to women's needs in pregnancy and childbirth." -Sheila Kitzinger, author of *The Complete Book of Pregnancy and Birth* For fans of *One Born Every Minute*. *The Secret Midwife* is a heart-breaking, engrossing and important read. At once joyful and profoundly shocking, this is the story of birth, straight from the delivery room. Strongest supporter, best friend, expert, cheerleader and chief photographer . . . Before, during and after labour the role of a midwife is second to none. *The Secret Midwife* reveals the highs and lows on the frontline of the maternity unit, from the mother who tries to give herself a DIY caesarean to the baby born into witness protection, and from surprise infants that arrive down toilets to ones that turn up in the lift. But there is a problem; the system which is supposed to support the midwives and the women they care for is starting to crumble. Short-staffed, over worked and underappreciated - these crippling conditions are taking their toll on the dedicated staff doing their utmost to uphold our National Health Service, and the consequences are very serious indeed.

Known as the "bible" of midwifery, this new edition of Varney's *Midwifery* has been extensively revised and updated to reflect the full scope of current midwifery practice in a balance of art and science, a blend of spirituality and evidence-based care, and a commitment to being with women.

*Birth Emergency Skills Training*

*How Midwives Changed Birth*

*Your Guide to a Safe, Satisfying, and Pleasurable Birth Experience*

*African American Midwifery in the Twentieth-Century South*

*Becoming a Midwife*

*The Language of Kindness*

The new edition of this highly acclaimed step-by-step guide continues to offer readers with the relevant physiology, evidence-base and rationale for the key midwifery skills. Authored by experienced practitioners and educationalists, "Skills for Midwifery Practice 4e" will be ideal for all midwifery students, both from within the UK and worldwide.

In a small village in medieval England, a young homeless girl acquires a home and a new career when she becomes the apprentice to a sharp-tempered midwife.

Dear Anna, What I have to tell you is difficult to write, but I know it will be far more difficult for you to hear, and I'm so sorry... The unfinished letter is the only clue Tara and Emerson have to the reason behind their close friend Noelle's suicide. Everything they knew about Noelle—her calling as a midwife, her passion for causes, her love for her friends and family—described a woman who embraced life. Yet there was so much they didn't know. With the discovery of the letter and its heartbreaking secret, Noelle's friends begin to uncover the truth about this complex woman who touched each of their lives—and the life of a desperate stranger—with love and betrayal, compassion and deceit. Told with sensitivity and insight, *The Midwife's Confession* will have you turning pages late into the night. From the bestselling author of *The Lies We Told* and *The Secret Life of CeeCee Wilkes* comes a story of deception that asks: How much is too much to forgive?

This third edition of *Rhythms of Women's Desire*, a provocative and informative book about female sexuality and life changes, will empower you to understand your sexuality in the context of your entire lifetime. Author Elizabeth Davis' focus on sexual changes over time is what makes this book unique; she gives you insight into what is natural at each sexual stage and how it all fits together in the context of a lifetime. This book envisages menarche (first menstruation), childbirth, and menopause as transformative, biological turning points and gives the reader a view of what these events have in common hormonally and psychologically. The new edition has been updated to reflect the latest scientific research, including a deeper examination of post-menopausal and postpartum sexuality and the hormonal imbalances caused by xenoestrogens. Updates also include new information about the link between oxytocin, brainwaves, and intuition — and about how abortion, miscarriage, and other major losses can affect the desire for sex, with suggestions for healing and a worksheet for dealing with trauma and abuse issues. *Rhythms of Women's Desire* is a frank, personal, and exciting journey into female sexuality and a helpful guide through every stage of your life.

*The Midwife's Confession*

*Into These Hands*

*Myles' Textbook for Midwives*

*My Name Is Mary Sutter*

*Skills for Midwifery Practice*

*Mayes' Midwifery*

**NATIONAL BESTSELLER** • This modern classic from the author of *The Flight Attendant* is a compulsively readable novel that explores questions of human responsibility that are as fundamental to our society now as they were when the book was first published. A selection of Oprah's original Book Club that has sold more than two million copies. On an icy winter night in an isolated house in rural Vermont, a seasoned midwife named Sibyl Danforth takes desperate measures to save a baby's life. She performs an emergency cesarean section on a mother she believes has died of stroke. But what if—as Sibyl's assistant later charges—the patient wasn't already dead? The ensuing trial bears the earmarks of a witch hunt, forcing Sibyl to face the antagonism of the law, the hostility of traditional doctors, and the accusations of her own conscience. Exploring the complex and emotional decisions surrounding childbirth, *Midwives* engages, moves, and transfixes us as only the very best novels ever do.

*Anatomy & Physiology for Midwives* 3rd edition builds on the success of the first two editions with electronic ancillaries, more accessible, woman-centred language and strengthened links with good practice. The book provides a thorough review of anatomy and physiology applicable to midwifery, from first principles through to current research, utilizing case studies for reflection. A comprehensive and well-illustrated textbook that is an essential purchase for all students of midwifery.

An enthralling historical novel about a young woman's struggle to become a doctor during the Civil War In this stunning first novel, Mary Sutter is a brilliant, headstrong midwife from Albany, New York, who dreams of becoming a surgeon. Determined to overcome the prejudices against women in medicine and eager to run away from her recent heartbreak- Mary leaves home and travels to Washington, D.C. to help tend the legions of Civil War wounded. Under the guidance of William Stipp and James Blevens- two surgeons who fall unwittingly in love with Mary's courage, will, and stubbornness in the face of suffering and resisting her mother's pleas to return home to help with the birth of her twin sister's baby, Mary pursues her medical career in the desperately overwhelmed hospitals of the capital. Like Charles Frazier's *Cold Mountain* and Robert Hicks's *The Widow of the South*, *My Name Is Mary Sutter* powerfully evokes the atmosphere of the period. Rich with historical detail (including marvelous depictions of Lincoln, Dorothea Dix, General McClellan, and John Hay among others), and full of the tragedies and challenges of wartime, *My Name Is Mary Sutter* is an exceptional novel. And in Mary herself, Robin Oliveira has created a truly unforgettable heroine whose unwavering determination and vulnerability will resonate with readers everywhere.

In *More Than A Midwife*, veteran midwife and doula Mary Sommers shares stories of glory, grace and joy, as well as heartbreak and tragedy, experienced through her 20-plus years of working with mothers and their infants. Mary has attended and assisted at more than 1,000 births in the United States, Mexico, Africa, and Europe.

*How Female Sexuality Unfolds at Every Stage of Life*

*A True Story Of The East End In The 1950s*

*Polly's Birth Book*

*Care for Pregnancy, Birth, and Women's Health*

*The Secrets of Midwives*

*Myles' Textbook for Midwives E-Book*

A revealing guide to a career as a midwife written by award-winning health reporter Sandi Doughton and based on the real-life experiences of the chief of the midwifery practice group at the University of Washington—required reading for anyone pursuing a path to this life-changing profession. Becoming a Midwife takes you behind the scenes to find out what it's really like, and what it really takes, to become a midwife. Midwives are medical professionals who provide care for childbearing women on their birthing journey. It is a growing career that combines compassion and emotional intelligence with nursing and healthcare. Expert midwife Mary Lou Kopas, MN, CNM, specializes in healthy pregnancy and birth. As a veteran of the field, she has helped countless women on the path to labor by delivering their babies and following up with breastfeeding support, newborn care, and insight into the many psycho-social challenges women face in the transition to motherhood. Gain professional wisdom as acclaimed health reporter Sandi Doughton shadows Kopas at work, telling the story of her professional path. Learn the ins and outs of this dynamic job, helping soon-to-be mothers bring new life into the world.

**#1 INTERNATIONAL BESTSELLER** • A moving, lyrical, beautifully-written portrait of a nurse and the lives she has touched Christie Watson spent twenty years as a nurse, and in this intimate, poignant, and remarkably powerful book, she opens the doors of the hospital and shares its secrets. She takes us by her side down hospital corridors to visit the wards and meet her unforgettable patients. In the neonatal unit, premature babies fight for their lives, hovering at the very edge of survival, like tiny Emmanuel, wrapped up in a sandwich bag. On the cancer wards, the nurses administer chemotherapy and, long after the medicine stops working, something more important—which Watson learns to recognize when her own father is dying of cancer. In the pediatric intensive care unit, the nurses wash the hair of a little girl to remove the smell of smoke from the house fire. The emergency room is overcrowded as ever, with waves of alcohol and drug addicted patients as well as patients like Betty, a widow suffering chest pain, frail and alone. And the stories of the geriatric ward—Gladys and older patients like her—show the plight of the most vulnerable members of our society. Through the smallest of actions, nurses provide vital care and kindness. All of us will experience illness in our lifetime, and we will all depend on the support and dignity that nurses offer us; yet the women and men who form the vanguard of our health care remain unsung. In this age of fear, hate, and division, Christie Watson has written a book that reminds us of all that we share, and of the urgency of compassion.

*Anatomy and physiology* presented in a clear and accessible manner for the midwifery student. Well illustrated with numerous line diagrams, *ANATOMY & PHYSIOLOGY IN MATERNITY CARE* takes a system-approach to the physiological changes that occur throughout the childbearing year. Varied case studies reflecting the latest research findings ensure that theory is firmly rooted in midwifery practice. This is an excellent first textbook for those students needing to understand the anatomy and physiology of pregnancy and childbirth. An introductory text covering anatomy and physiology relevant to midwifery students Simple, accessible language ensures complete understanding of complex theory Case studies relate anatomy and physiology to midwifery practice Covers physiological changes throughout the childbearing year Updated references New case studies reflecting latest research findings

Tells how to become a midwife and set up practice, and offers information on prenatal and postpartum care, pregnancy and labor complications, and assisting at births

*Midwifery*

*A Midwife's Saga*

*The Women's Wheel of Life*

*The Midwife's Apprentice*

*A Nurse's Story*

*Manual for Out of Hospital Midwives*

Shares essays, from twenty-five midwives, that speak directly to what really matters to women: the right to have safe and satisfying births.

The most-popular midwifery textbook in the world! The sixteenth edition of this seminal textbook, *Myles Textbook for Midwives*, has been extensively revised and restructured to ensure that it reflects current midwifery practice, with an increased focus on topics that are fundamental to midwifery practice today. Well illustrated to assist visual learning Boxes highlighting significant information to aid study Introduction, Aims of the chapter and Conclusion for each chapter References, Further Reading and Useful websites to promote further learning Glossary of terms and acronyms provide simple definition of more complex terminologies Additional online resources Over 500 multiple-choice questions enable students to test their knowledge Unlabelled illustrations help reinforce learning Full image bank of illustrations to make study more visual and assist with projects. Up-to-date guidance on professional regulation, midwifery supervision, legal and ethical issues, risk management and clinical governance Recognises that midwives increasingly care for women with complex health needs, in a multicultural society Increases confidence in empowering women to make appropriate choices Looks at the dilemmas involved in caring for women with a raised body mass index Chapter on optimising care of the perineum for women with perineal trauma, including those who have experienced female genital mutilation Additional coverage of basic neonatal resuscitation, to reflect the trend for midwives to carry out the neonatal physiological examination Streamlined chapters with similar themes and content, to facilitate learning Full colour illustrations now used throughout the book, in response to student feedback.

"*Birth Emergency Skills Training* is the interface between the world of midwifery and the world of medicine. It carries the reader from the initial steps of intervention through definitive care, balancing a friendly tone and visual appeal with authoritative and clinically useful information. It is loaded with mnemonics and other aids to understanding and is richly illustrated by the author.

*The Birth House* is the story of Dora Rare, the first daughter to be born in five generations of Rares. As a child in an isolated village in Nova Scotia, she is drawn to Miss Babineau, an outspoken Acadian midwife with a gift for healing. Dora becomes Miss B.'s apprentice, and together they help the women of Scots Bay through infertility, difficult labours, breech births, unwanted pregnancies and even unfulfilling sex lives. Filled with details as compelling as they are surprising, *The Birth House* is an unforgettable tale of the struggles women have faced to have control of their own bodies and to keep the best parts of tradition alive in the world of modern medicine.

*A Midwife's Guide to Pregnancy and Birth*

*The Secret Midwife*

*Call The Midwife*

*Essential Anatomy & Physiology in Maternity Care*

*A Guide to Midwifery*

*Baby Catcher*

This ISBN is now out of print. An edition with e-book is now available under ISBN 9780702041310. *Myles Textbook for Midwives*, recognised as the leading international textbook for midwives, has been fully updated with recent guidelines, protocols and research evidence, and with updated illustrations. This edition has a new chapter on emotion work and focuses on normality, whilst equipping midwives to recognise and respond to complexity in childbearing and parenthood. This 15th edition features a free website providing: \* Bank of multiple-choice questions for self-testing \* Illustrations from the book, with and without labels, for student and instructor use This is the midwifery textbook of choice throughout the world! Focus on woman-friendly care Women's stories to highlight good practice Colour photographs identify problem conditions and illustrate breastfeeding positions Focuses on normality whilst equipping midwives to handle complexity Bonus website features a bank of multiple-choice questions for self-testing, and illustrations from the book, with and without labels, for student and instructor use New chapter on "emotion work" New and improved 2-colour figures throughout Colour photograph section now grouped by topic Updated to cover latest guidelines, protocols and research evidence

A 2008 Indie Next Pick Despite nurse-midwife Patsy Harman's own financial and personal medical trials, including her private battle with uterine cancer, she devotes herself to her patients' well-being in all aspects of their lives. They, in turn, tell her intimate stories both heartbreaking and uplifting.

Forlagetts beskrivelse: Printed book plus Pageburst access. You will receive a printed book and access to the complete book content electronically. Pageburst enhances learning not only by bringing world class content to your fingertips but also by letting you add to it, annotate it, and categorize it in a way that suits you. Pageburst frees you to spend more time learning and less time searching. *Mayes' Midwifery*, an established key textbook for students and qualified midwives, contains essential knowledge for professional practice. For this 14th edition, each section and chapter has been fully updated and enhanced by leading authors to ensure the text complies with contemporary practice and current guidelines. Added benefits are the availability of a variety of additional online

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resources for each chapter, including case studies, video and website links, and a bank of multiple-choice questions to test knowledge. With a strong emphasis on normal birth, the book covers the spectrum of midwifery-related topics applied to practice, providing a foundation of knowledge, and encouraging independent thought through the use of reflective exercises in each chapter and online. The book provides midwives with material that meets individual ways of learning and supports current modes of midwifery education. Mayes' Midwifery is the text for initial preparation and for ongoing midwifery practice. New chapters on essential contemporary issues: Vulnerable women - Perspectives on the future of midwifery, in a global context - Evidence-based information to guide best practice - Learning outcomes and Key Points in all chapters - Reflective activities Now with an integrated website offering additional resources and material including: Multiple-choice questions for self-testing - Case studies - Reflective activities to consolidate your professional development - Useful additional reading, resources and weblinks - Expanded topics - Downloadable materials including illustrations

A memoir of a young midwife practicing in the wilds of New Hampshire who trained with a wonderful old country doctor, fell in love with her obstetrician back-up, and ultimately became a national leader in the struggle to reclaim the profession of midwifery in the United States. A story of love, loss and deep dedication to birthing women.

Reflections on Theory and Practice

Chronicles of a Modern Midwife

A Novel

Anatomy and Physiology for Midwives E-Book

Wisdom from Midwives

Midwives

"With empathy and keen insight, Sally Hepworth delivers a page-turning novel about the complex, lovely, and even heartbreaking relationships between mothers and daughters.—Emily Giffin Three generations of women Secrets in the present and from the past A captivating tale of life, loss, and love...Neva Bradley, a third-generation midwife, is determined to keep the details surrounding her own pregnancy—including the identity of the baby's father—hidden from her family and co-workers for as long as possible. Her mother, Grace, finds it impossible to let this secret rest. The more Grace prods, the tighter Neva holds to her story, and the more the lifelong differences between private, quiet Neva and open, gregarious Grace strain their relationship. For Floss, Neva's grandmother and a retired midwife, Neva's situation thrusts her back sixty years in time to a secret that eerily mirrors her granddaughter's—one which, if revealed, will have life-changing consequences for them all. As Neva's pregnancy progresses and speculation makes it harder and harder to conceal the truth, Floss wonders if hiding her own truth is ultimately more harmful than telling it. Will these women reveal their secrets and deal with the inevitable consequences? Or are some secrets best kept hidden?

With Mindful Birthing, Nancy Bardacke, nurse-midwife and mindfulness teacher, lays out her innovative program for pregnancy, childbirth, and beyond. Drawing on groundbreaking research in neuroscience, mindfulness meditation, and mind/body medicine, Bardacke offers practices that will help you find calm and ease during this life-changing time, providing lifelong skills for healthy living and wise parenting. SOME OF THE BENEFITS OF MINDFUL BIRTHING: Increases confidence and decreases fear of childbirth Taps into deep inner resources for working with pain Improves couple communication, connection, and cooperation Provides stress-reducing skills for greater joy and wellbeing

An Arranged Romance Molly Ziegler is proud of being a successful midwife. But at age twenty-one, she's unmarried—and fodder for gossip in her Amish community. Even as her meddling mother urges her to marry the town's most eligible bachelor, Molly wants more. And in newcomer Isaac Gruber, she's found her way out. If Isaac will pretend to court her, her mother has to stop matchmaking—once and for all. What Molly didn't plan on are the unexpected feelings the businessman stirs in her. Isaac will go along with Molly's ruse. Especially since he can't stop thinking about her. But when the favor backfires spectacularly, it might just lead them toward true love.

This new comprehensive text recognizes the role of the midwife or clinician practicing using a midwifery model of care as a primary provider for healthy pregnant women. The woman is the central figure in the assessment of her own health needs and the determination of the care processes that will best meet those needs. Stresses throughout, the role of the midwife is to advocate for the woman while creating a climate of care that recognizes and values the healthy aspects of pregnancy. When deviation from the normal occur, the reader is led through a process that emphasizes consultation, collaboration, and referral to the professionals who are most appropriately prepared to meet the women's needs.

Current research is incorporated throughout to prepare the reader for maintaining standards of care by evidence-based practice. Current research incorporated throughout Emphasises consultation and collaboration when referring patients with specific needs deviating from the norm

Orgasmic Birth

Life, Death and the Truth about Birth

The Birth House

Varney's Midwifery

Delivered by Midwives

Healing Passage